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Future Hope Quarterly Newsletter - Fall 2022



Autumn Greetings!

The season is changing, the wind cooler and the leaves falling however Future Hope has so much light and joy we would never guess that the days are shorter, and the nights are longer! It is the light of our organization and all the people involved that are the blessings I share with you.



It is with joy that each week I head out to Stony Mountain to visit and meet men who wish to join our community in the future. There are presently twenty-five inmates that look forward to participating in our Next Step Group when passes become available again. We have welcomed a couple of men who recently were successful with their parole requests. We are so happy they can now join us at Group. Our hope is that Stony Mountain will soon allow more men from minimum-security to attend. We are pleased to

Subscribe	Past Issues	<p>mentioned in our previous newsletter how change continues to be a part of the Future Hope</p> <p>report that two provincial inmates are also receiving Next Step support.</p>	Translate ▼	RSS
		<p>family and asked for your thoughts as we prepared to hire a new Executive Director (ED). We are thrilled to welcome Jonathan Dionne to the role and look forward to his compassion, his energy, and his leadership as we move to the future! You may recall from our last bulletin that a Board member, John Hutton resigned to fill in as Interim ED for a 4-month period. As he returns to volunteer Board member activities, we express our gratitude for his support, trust, experience, and kindness.</p> <p>Our weekly Next Step Group continues to meet in person. We are so thankful for the volunteers who provide care and a listening ear to the men in our Group. I especially love when people in our Next Step Group share how it has impacted their lives and journeys and mention how they tell others they meet to join us at Group. It is an honour that the men trust us and invite others to join our Community of Hope.</p> <p>We have had wonderful topics and presentations on Enneagram, Opportunities for Employment, Getting-to-know-you exercises, Anxiety, Values, Budgeting and Money Management, learning about Future Hope`s plans and new initiatives, gardening, and nature and a special meeting with MKO's Grand Chief, Garrison Settee.</p> <p>We had a particularly impactful evening as we remembered <i>International Overdose Awareness Day</i>. The vulnerability and compassion shared that evening were an incredible gift. A couple of birthdays and one graduation were also celebrated. Our Next Step Group currently has eleven members attending regularly and five volunteers. Some program participants live at Quixote House and Massie Apartments. Others</p>	<p>Quixote House (QH) continues to be a place of kindness and stability - a safe, sober space for men to live. QH has eight men living there and one who comes and stays on weekends. One of the men who had to return to Stony Mountain is now back with us at QH and is doing great. Scott Storey, our Quixote and Massie House Manager is a gift! He offers a warm and hospitable environment to all that cross our doors. The residents cannot say enough about his care and support. Weekly Friday QH Community suppers are fun opportunities to welcome current and former members to mingle and connect. We enjoyed summer fun activities: swim & BBQ events, a fundraising evening at John Howard Society, and a Fort Whyte outing of fishing and canoeing.</p> <p>It continues to be an honour and privilege to walk with people on their reintegration journeys. Providing practical supports, accompaniment, and friendship is where we are in people's lives.</p> <p>We thank Next Step July, August, and September donors: the Sisters of the Holy Names of Jesus and Mary, St. Paul the Apostle, and Our Lady of Perpetual Help parishes. We are grateful to the eight individuals who donated, to our Next Step program participants, items they need when re-entering into the community. Your trust in our work is so appreciated!</p> <p>Wishing you much love, renewed hope, and compassion for a safe and cozy fall!</p> <p>Kim McIntyre-Leighton Next Step Program Coordinator</p>	

Meet Pizza Boy

Hi my name is Pizza Boy and I am happy to share with you a bit about my life, the ups and downs and how Next Step and Quixote House have been such a wonderful addition to my life.

I came to Canada when I was only a year old, and my parents worked very hard to create a wonderful life and upbringing for myself and my brother. My dad worked two jobs and my parents were always good to us. My parents spoke very little English and when I started school, I did not speak a lot of English, so I got bullied a lot and began to be ashamed of my nationality. I eventually took some ESL classes and had some wonderful teachers and then I began to excel in school. My brother and I were close growing up however that changed when my lifestyle began to change. It took me some years, but I became proud of my heritage, language and culture! [Read more ...](#)



Message from our new Executive Director

I am incredibly humbled and honored to join Future Hope Inc as the new Executive Director. As I step into this role, I am acutely aware of the opportunities and challenges facing our organization and the communities we serve.

Over the past 15 years, I have gained extensive leadership experience working in non-profit

I believe Future Hope Inc. will bring together new partnerships that will increase its capacity to drive real on-the-ground change in our community. We will serve as champions of the great work being done by our staff and volunteer committees and continue to be a leader in our field. All of us here at Future Hope Inc., staff, board and volunteers, recognize that now is not the time to step back

organizations where I have been responsible for overseeing increasingly complex operations and programming.

My focus has been on building a strong team to provide assistance to individuals in need of support and, collaborating with community agencies and funders to grow and improve services while ensuring financial sustainability.

I look forward to using my learned experience and the new skills I will gain at Future Hope to help guide us into the future.

but rather to step forward. We are in a great position to take those steps.

In the next few months, I hope to have the opportunity to get to know our donors, volunteers, partners, neighbours and most importantly get to know our program participants as they journey into our community. This is an exciting time for me and it is also an exciting time at Future Hope with many possibilities ahead.

Kind regards, Jonathan Dionne

Community Building - Summer Events



At Future Hope, we continue to enjoy our time together not just at Next Step Group and Friday Quixote House Community Suppers but also with social outings in the community.

It is awesome to celebrate special times in people's lives such as celebrating the day of their birth, letting them know how special they are to our Future Hope family. We hope this fills them with acceptance and joy.



This summer we were able to have a couple of swims and BBQ's where we ate well, enjoyed the water, listened to music, shared some visits and a lot of laughter! Most of the group had fun swimming and those who decided not to swim still got splashed by those who were swimming!! Such fun times to share.

We also welcomed Grand Chief Garrison Settee and staff at Quixote House. After touring our

Celebrating when things are going well and letting them know that even though they have graduated from one of our programs, we are still there for them anytime they reach out. Future Hope can be a part of peoples lives for as long as they would like to be part of our community of hope.

Deer Stew with our QH residents and Manager Scott, NS Coordinator Kim, Interim ED John and Board member & Fund Development Committee Chair, Heather Grant-Jury.



Social Event in Prison

The MKO organization (Manitoba Keewatinowi Okimakanak) represents 26 First nations in northern Manitoba. [Grand Chief and his band adapted the late Johnny Cash's "Folsom Prison"](#) song on June 20 national Indigenous Peoples Day at an outdoor concert for 170 men currently incarcerated at Stony Mountain Correctional Institution, the oldest federal prison in Canada.

"We wanted to show them that they are not forgotten about, and they are still our people," Settee told CTV National News.

"Show those relatives of ours here that they matter and that we are waiting for them when they come out on the other side and want to be able to give them the hope to start a new life, because everybody deserves a second chance." (excerpt from Josh Crabb on June 21, 2022)

50/50 Raffle Winners Update

1st Early Bird Prize: 7-night stay at [St-Malo Cabins](#), winner **Nathan Hiebert** gifted his prize to his aunt

2nd Early Bird Prize: **Darren Bouchard** from La Broquerie, "Looking forward to summer afternoons on the water with these two folding [TuckTec Kayaks](#). I might just get out there more often."

was great!



3rd Early Bird Prize: "AWESOME, just Awesome, what a way to start the summer!" 10 X \$100 Gift Cards for a total win of \$1,000 of [Red River Co-op](#) gas. Winner - **Andrei Dumitrescui** from St. Adolphe (no picture available).

The Co-op Community Investment Program strengthens the role they take in their neighbourhoods by focusing our donations to charities and nonprofits that align with our mission and values.



4th Early Bird Prize: "Going to enjoy lots of great BBQs with family and friends" exclaimed happy winner **Daniel Dyck** from Winnipeg as he picked-up \$1,000 of [HyLife](#) pork meat packages at HyLife's warehouse.



50/50 Grand Prize Winner: Heather Grant-Jury, Future Hope Board Member and Chair of the Fund Development Committee delivers the 50/50 Grand Prize cheque of **\$7,782.50** to **Andrew Carrier**.

"Just so timely, can't believe it! Our air conditioner just broke and is beyond repair. Got a quote and we were wondering how the heck to pay for a new one. This is terrific and so appreciated!"

Volunteer
CRYSTAL
MOSHENKO

Crystal held a birthday fundraiser in August and raised \$1,050 for the Next Step Program.

Thank you



Volunteer Spotlight

*Volunteer
Board of Directors*
LARRY PELZER

Welcome Larry!

Larry comes to Future Hope with much enthusiasm and we can appreciate his <get it done> attitude as he is already assisting our housing manager as a Housing Shelter support mentor.

Thank you



Next Step Program Volunteer: Crystal Moshenko's Testimonial

I am a social worker from small town Manitoba who has always wanted to work within the criminal justice system. I thought it was not the best fit for my personality and style of interacting with people. Child welfare and health care have been where I have landed professionally.

I have a passion for travel and over the years have toured and volunteered in many countries, sometimes for months at a time. During one of my first trips to Nepal, we visited a prison as part of our volunteer

I started visiting these two inmates often in the hopes of brightening their day and offering friendship and support. A strong sense of purpose developed from this experience, a drive to bring “karuna” (a Sanskrit word for compassion) to foreigners imprisoned abroad. Also, to write about these experiences in hopes of spreading understanding and compassion towards these now friends of mine, as well as others who have made mistakes in life.

So it was a natural fit when I was invited to the Next Step peer group support meeting by Kim, the group’s Coordinator who I volunteer with at another organization. Everyone was so welcoming, the discussion so interesting and inspiring that I knew the Next Step Group was for me from the first meeting.

I continue to be impressed by the steps these men are taking to better their lives and by the accomplishments achieved. The support they give to each other, and the support shared by the Group as a whole, is something special and which I feel really lucky to be a part of Future Hope’s Next Step Program.

Note: Crystal organized a Facebook fundraiser for her birthday and donated \$1,050 to the Next Step Program.

Want to give it a try ...for more information, contact Angele at marketing@futurehope.ca.

Welcome Larry Pelzer: Board of Director member and Housing Shelter Mentor

Larry Pelzer, a long-time community and trade union activist has devoted countless hours, dollars and mental consideration toward making a difference in his community. His commitment and contribution to increase social connections for people needing support has changed lives. His unique set of skills, and extensive board experience as President of the Winnipeg Labour Council, Federation of Labour Executive Council as Chair of the Workers of Colour Representative and, Winnipeg Area Representative.

Board member of both the United Way of Winnipeg and the Community Unemployed Help Centre will bring considerable support in the execution of Future Hope’s growth strategy. Larry has over 30 years as an active member with Optimist International, District 35 Dakotas-Manitoba-Minnesota, as Past Governor, Distinguished Past Governor and President of the South Winnipeg Optimist Club. His understanding of the significant barriers ex-offenders face will help Future Hope address how best to enable participation in community and cultural activities among people with lived incarceration experience.

For more info on our Board of Directors, [click here](#)



SHOUT OUT ...

Second Harvest works with businesses across the food supply chain to reduce the amount of edible food going to waste, which in turn averts the release of millions of pounds of greenhouse gases. The food Second Harvest recovers is redirected to thousands of charities and non-profit organizations, ensuring more people have access to healthy food.

Future Hope is fortunate to have access to great food products such as bread, bakery items, almond milk and more to help reduce meal costs.

[Learn More](#)

Merci ... Thank you

To **Centre Renaissance Centre Inc.** for the use of their meeting room. Their Executive Director Daniel Beaudette and staff make it possible for us to get together as a team to plan our projects. Given that Future Hope does not have an office, this collaboration is truly appreciated.

The Renaissance Centre offers bilingual counselling services and programs which enhance the well-being of the people in our community.

[Learn More](#)



Week November 20 to 26, stay tuned!

[Restorative justice](#) came into the system from Aboriginal justice traditions. Restorative justice emphasizes the wrong done to a person as well as the wrong done to the community. It recognizes that crime is both a violation of relationships between specific people and an offence against everyone.

Giving Tuesday is November 29th ...

Join Giving Tuesday, the word's largest generosity movement. Everyone has something to give and every act of generosity counts.

Whether you give to [Future Hope](#) or another organization, please give as generously as you can! Your support is a huge help to not-for-profit organizations for us to continue to offer direct support services for those in need. Thank you!



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